

Welcome to the 6th edition of **ALL ABOARD**



HealthBus is a vital member of the local Homelessness MDT (Multi-Disciplinary Team)

The Homelessness MDT prioritises individualised care for rough sleepers, addressing their mental, physical, emotional, social, and spiritual needs. Through a collaborative multi-agency approach, it aims to meet the diverse and intricate requirements of homeless individuals. With inclusivity, compassion, and honesty, the MDT fosters trust and provides essential support. By focusing on early prevention and client engagement, it endeavours to eradicate homelessness across Bournemouth, Christchurch, and Poole, ensuring safe housing for all. The MDT Event on January 10, 2024, served as a platform to showcase its positive impacts on the community's most vulnerable members, fostering partnership and progress.



Chairman's Remarks

"The Homelessness MDT is committed to providing tailored care for rough sleepers, addressing their holistic needs through collaboration and compassion. The HealthBus plays a vital part in engaging patients. Together we seek to eliminate homelessness across Bournemouth, Christchurch, and Poole, ensuring every individual has a safe place to call home."

Christopher Wakefield
HealthBus Trust, Chairman of Trustees.



ARCH Healthcare Showcase 2024

On 25 January 2024, the HealthBus team visited Arch Healthcare Showcase in Brighton to learn how their specialist homeless surgery is meeting the needs of rising numbers of people experiencing homelessness in the city. In 2016 Arch took over the running of the Morley Street GP surgery and the homeless health engagement service for Brighton & Hove. In February 2022 they celebrated their fifth anniversary.

Dr Chris Sargeant (Director) says: "Arch Health CIC was founded because we believe that no-one should be denied the highest standards of healthcare, whatever their circumstances."



Those who make up the Arch Board have first-hand experience as clinicians and managers in providing services for homeless people and those from other marginalised groups such as gypsies and travellers, vulnerable asylum seekers and sex workers. They are determined to provide everyone from these groups a standard of care at least as good as that expected by the general population, and to make the care accessible, restorative, and compassionate.

Arch supports individual patients to access their care daily but also works with partners to make constant improvements to the excellent support systems which are available in the city.



AUB Interiors project with HealthBus

We're thrilled to share the incredible journey that Level 4 students in Interior Architecture at Arts University Bournemouth are embarking on! These students are diving deep into the realm of design with a profound purpose - to explore how design can be a powerful tool in both preventing and facilitating solutions for homelessness among young individuals.

Taking inspiration from the remarkable work of the HealthBus Trust, students are using the charity as a case study. Through rigorous research and immersive learning, they're not only delving into the complexities of homelessness but also challenging their own unconscious biases along the way. With creativity at the forefront, these budding designers are employing innovative methodologies to tackle one of society's most pressing issues. From conceptualising space-efficient zones to envisioning community-centric support systems, their ideas are boundless! On 29 January 2024, the students participated in a roc-drill session, which propelled them to use their skills for meaningful change and develop their designs to shape a more inclusive and compassionate world.



Professor Kamila Hawthorne MBE, Chair of RCGP Council visits HealthBus

On February 14, 2024, Professor Kamila Hawthorne MBE, Chair of the Royal College of General Practitioners (RCGP) Council, paid a visit to Bournemouth to engage with the HealthBus team. Greeted warmly by Dr. Maggie Kirk, Dr. Gareth Sherwood (Trustee), and colleagues at Bournemouth University, Kamila embarked on an exploration of HealthBus's pioneering approach to delivering specialised care via the mobile clinic. Throughout the day, she immersed herself in understanding the charity's mission and the challenges it confronts, reflecting on the intricate dynamics that health policies impose on initiatives aimed at addressing disparities in healthcare access.

With a distinguished career spanning 34 years as a GP, including 27 years in South Wales, Kamila brings a wealth of experience to her endeavours. Kamila has served as the Head of the Graduate Entry Medicine Programme at Swansea University and holds positions on the Trustee Boards of the King's Fund and Cardiff Women's Aid. Additionally, she serves as a Bevan Commissioner and is a Fellow of the Learned Society of Wales.

Kamila's passion for medical education is profound, advocating for the cultivation of compassionate and inclusive clinicians equipped to serve a global community. She champions the pivotal role of GPs in patient care and as staunch advocates for their patients' well-being.

Her research and clinical focus have centred on health inequalities and healthcare access, exemplified by her MD research involving BAME patient groups with Type 2 diabetes in Nottingham, Manchester, and Cardiff. With extensive experience in general practice and overseeing community initiatives addressing diabetes and heart disease, Kamila has been honoured as 'GP of the Year' twice and received an MBE in 2017 for her contributions to General Practice.



Case Study on HealthBus Volunteer: Gail

The HealthBus Trust is honoured to be a member of Community Action Network, who recognise our dedication to community service and essential healthcare provision. Additionally, our volunteer Gail, a retired Headteacher with 42 years of experience, exemplifies our commitment, using her skills to support homeless individuals in accessing healthcare and finding companionship.

"Finishing work can be an anxious time, you can't permanently be on holiday so what's next? I wanted a challenge. I've known Maggie, the GP who set up the HealthBus for a long time and really admired the charity's work, so it was a natural step. I've been volunteering with them since September 2022 and it's been more amazing than I thought possible. At the weekly Thursday morning clinic, I work with a small group of volunteers to support the team. I'm not a health practitioner, but care in a different way, by being a friend, making a hot drink or some toast and chatting to patients whilst they wait for their appointment. Helping people relax and feel comfortable means they are more likely to seek help, preventing conditions from getting worse."

Gail now utilises her vast expertise to deliver engaging presentations about the Trust, enhancing awareness of its history, impact, and future plans. Her talks not only raise the profile of the service but also contribute to fundraising efforts, showcasing her dedication and valuable skills.



The Complete Care Community Programme

HEALTH INEQUALITIES SYMPOSIUM

29 February - 1 March 2024
De Vere Latimer Estate, Chesham HP5 1UG

CONFIRMED SPEAKERS



Patricia Hewitt
Chair of NHS Norfolk and Waveney and Deputy Chair of the Norfolk and Waveney Integrated Care Partnership + Former Secretary of State for Health and Social Care



Dr Minal Bakhai
GP and Director of Primary Care Transformation, NHS England



Sue Lacey Bryant
Chief Knowledge Officer NHS England

MORE SPEAKERS ANNOUNCED SOON



Complete Care Community Symposium 2024

The Complete Care Community Programme (CCCP) stands as a pioneering national initiative, meticulously crafted to fortify healthcare systems leveraging Primary Care Networks in confronting the pervasive issue of health disparities. The recent CCCP Symposium, conducted from 29 February to 01 March 2024, at the renowned De Vere Latimer Estate in Buckinghamshire, served as a beacon for over 150 delegates dedicated to combatting health inequities. Spearheaded by the esteemed James Kingsland, OBE, the symposium provided a fertile ground for the exchange of insights, unveiling evidence-backed strategies, and charting viable solutions to the complex tapestry of health inequalities prevailing across England.

The symposium served as a vibrant platform for participants to delve into the spectrum of innovative health initiatives, with candid reflections on both successes and setbacks. Delegates earnestly shared their experiences, illuminating valuable lessons learned, as well as dissecting initiatives that faced challenges and discerning the underlying reasons.

Among the noteworthy contributions, the HealthBus team seized the opportunity to impart invaluable insights gleaned from their endeavours in engaging and supporting individuals grappling with homelessness.



Research Engagement with People who are Homeless

The REN2 (Research Engagement Network Programme) Stakeholder Event held on March 11, 2024, was a significant gathering aimed at fostering collaboration between the homeless community and health and social care researchers. The emphasis was on bringing one's whole self to the event, transcending professional roles, and fostering a sense of belonging and importance for all attendees. Beneficiaries from HealthBus (in BCP) and The Lantern (in Weymouth), had the opportunity to share their stories of homelessness and voice their view of how experiences of lived homelessness can change delivery and policy. The REN2 initiative is a research project funded by NHS England in collaboration with NHS Dorset and Bournemouth University.



Phillipa's fundraiser for the HealthBus!

Meet Phillipa Rolle, an extraordinary individual and school teacher who consistently embraces extreme challenges each year to support vital charities. Having conquered numerous endurance races across the UK and Europe, her upcoming daunting feat is the Race Across Scotland Ultra on August 10, 2024. Covering a staggering 215 miles, this endurance race will lead her through diverse landscapes, from valleys to fields and mountains. Phillipa has chosen to dedicate this run to raising funds for the HealthBus Trust.



Bournemouth University Media Project 2024: Students to Inspire Change

In a collaborative effort to address health inequalities and promote local charity initiatives, the HealthBus partners with Bournemouth University's Level 5 Media Production students for a 10-week project. Divided into groups, students aim to engage peers and enhance the visibility of the HealthBus Trust.

Central to their mission is a commitment to unravelling unconscious bias and understanding the intricate challenges faced by homeless individuals regarding healthcare access. Through thorough research and introspection, students aspire to illuminate the barriers hindering support for this vulnerable group.

Over the upcoming weeks, these budding storytellers will immerse themselves in their communities, employing diverse mediums to craft impactful narratives. Despite the inevitable challenges, including navigating complex societal issues, the students are resolute in their goal to emerge as passionate advocates.

The project culminates in May 2024, with students presenting their creative endeavours to mentors and stakeholders. This collaboration not only showcases talent but also aims to provoke dialogue and inspire societal change, forging a path towards a more equitable future.



Homewards BCP Coalition

Excitement filled Vitality Stadium as the inaugural Homewards BCP Coalition session unfolded on 25 March 2024. With vigour and unity, participants embarked on a collaborative journey to end homelessness in our community. Together, we defined our shared vision and established guiding principles, laying the foundation for impactful change. Discussions encompassed coalition governance, expansion strategies, and action plan development, enriched by community insights and local partner expertise. Gratitude extended to Gemma and the Homewards team for HealthBus's inclusion. As we press forward with determination, stay tuned for updates on our mission to create a brighter future for all through collective effort.



Kate is nominated for an award!

We are pleased to announce that Kate Hibbitt, Operations Director for HealthBus, has been nominated for the 2024 Women's Community Impact Awards at the 7TH ANNUAL DORSET IWD SYMPOSIUM, AWARDS & COCKTAIL DINNER on 25 May 2024, due to her contribution to the community!!

It's truly heart-warming to celebrate Kate's unwavering dedication and commitment to the HealthBus. Her instrumental role in the charity's growth and service underscores her profound impact on the lives of those experiencing homelessness. Watch this space as Kate and members of the team have been invited to attend a cocktail gala dinner.



in the heart, mind & actions
www.dignityincare.org.uk

HealthBus Team register with Dignity in Care

The Dignity in Care campaign was launched in November 2006, and aims to put dignity and respect at the heart of UK care services. The Dignity in Care campaign is led by the National Dignity Council, it operates as a charity, inspiring people to be part of a nationwide movement of champions, working individually and collectively to promote access to dignity as a human right for all.

The campaign has over 116,000 registered Dignity Champions from every walk of life - councillors, providers of Health/Care services, volunteers, people who use services, carers and members of the public, all signing up to adhere to the Ten Dignity Do's. The campaign's core values are about having dignity in our hearts minds and actions, changing the culture of services and placing a greater emphasis on improving the quality of care and the experience of citizens using services.

Patient Feedback

Patient surveys are conducted regularly, allowing patients to reflect on the care and service offered.

"I'm writing to express the way I was treated from everyone associated with the HealthBus, and it was absolutely wonderful! Your bus is the best doctors I have ever had or been to! All your staff from the doctors, nurses and all involved with the running of it, all went above and beyond with the service I received. Thank you!" - Patient 2024

Please contact the team via kate@healthbus.co.uk if you have any suggestions, feedback or items you would like featured in the next bulletin.

Microsoft SharePoint



To help with data management and compliance all HealthBus staff/volunteers will be able to access essential information via MS365 SharePoint. Deano will be emailing relevant the HealthBus teams with suitable links and is available for support.